

OFFICIAL SAT PRACTICE

# A Parent's Guide: Getting Your Teen Ready for the SAT



## START



**Choose an SAT<sup>®</sup> test date.** Review upcoming test dates and registration deadlines online at [sat.org](https://sat.org). Register early to guarantee your child's spot on that test date and receive timely reminders leading up to the test.

## 4 MONTHS BEFORE TEST DAY



**Sign up for Official SAT Practice at [satpractice.org](https://satpractice.org).** Official SAT Practice on Khan Academy<sup>®</sup> is FREE for all students and the best way to prepare for the SAT. Created by Khan Academy and the makers of the SAT, Official SAT Practice offers thousands of practice questions, video lessons, quizzes and tests, and more.



**Link College Board and Khan Academy accounts for a personalized SAT study plan.** When your child signs up for Official SAT Practice, make sure their Khan Academy account is linked with their College Board account. This sends your child's PSAT<sup>™</sup> 8/9, PSAT<sup>™</sup> 10, PSAT/NMSQT<sup>®</sup>, or SAT scores to Khan Academy to create a customized SAT study plan. A child who doesn't have any test scores can take diagnostic quizzes to receive the study plan.



**Download the Daily Practice for the SAT app.** Accessible at Google Play and iTunes app stores, this free app gives your child a question a day to build skills on the go.

## 2–3 MONTHS BEFORE TEST DAY



**Create a practice schedule on Official SAT Practice, and stick to it.** We recommend that students practice on **satpractice.org** 15–30 minutes per day 6–8 weeks before the test. A child who can't practice every day should start earlier or practice more on certain days. Check out the new Coach Tools (**khan.co/2yZGPh4**) to learn how to become your child's Coach and monitor progress on Official SAT Practice.

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**Take a full-length practice test.** Taking a practice test on Official SAT Practice is a perfect way for students to see what their test day experience will be like.

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## 2 WEEKS BEFORE TEST DAY



**Take another full-length practice test.** Two weeks before every SAT test date is known as **Official SAT Practice Test Day**. On this day, students registered for the SAT should take another full-length practice test at **satpractice.org** to check their progress. This lets students build self-assurance and see exactly where to focus over the next two weeks to get the best possible score.

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**Review test day requirements.** Visit **sat.org/takingthetest** for SAT test day requirements to make sure your child has everything they need to be ready on test day.

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## 1 DAY BEFORE TEST DAY



**Plan ahead.** Triple-check the night before that your child packs everything needed and knows how to get to the test location. See that your child gets a good night's sleep.

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## ON TEST DAY



**Relax and be confident.** Encourage your child to eat a good breakfast, take it easy, and feel positive. Practice pays off!

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For more information, visit **satpractice.org**.